

**SAFER
ROADS
ALLIANCE**



Impaired Driving Young Drivers

IMPORTANT NOTE

This presentation has been developed to provide a brief and high-level overview of the consequences of driving under the influence of alcohol or cannabis. It doesn't cover all the consequences of this illegal and dangerous activity –but it does give you a few highlights.

It also provides a guide to discuss sticky situations and hopefully, inspires discussion around how to avoid getting into a vehicle that is driven by someone who has been drinking or taking cannabis, or both.

What is in this presentation?

1. A 21-minute podcast [Driving Matters 2.0 – Alcohol and Cannabis](#)
2. The podcast is an interview with a Drug Recognition Officer
3. A few facts around driving under the influence of alcohol and/or cannabis
4. A short activity with the students

How to use the presentation?

1. Use all or some of the enclosed resources.
2. Flow of presentation does not matter. The flow of this presentation is for suggestion purposes. Be creative.
3. The presentation can be 10 minutes or 30 minutes.

Driving Impaired



Did you know there is ZERO tolerance for drivers with a Class 7 learner's license or Class 5-GDL for any amount of drugs or alcohol, and results in:

- Immediate 7-day vehicle seizure
- Immediate 30-day driver's license suspension
- A \$200 fine plus a 20% victim fine surcharge

The surcharge is for community services such as victim restitution and recovery, victim services providers, victim impact statement and more

Driving High is Driving Impaired

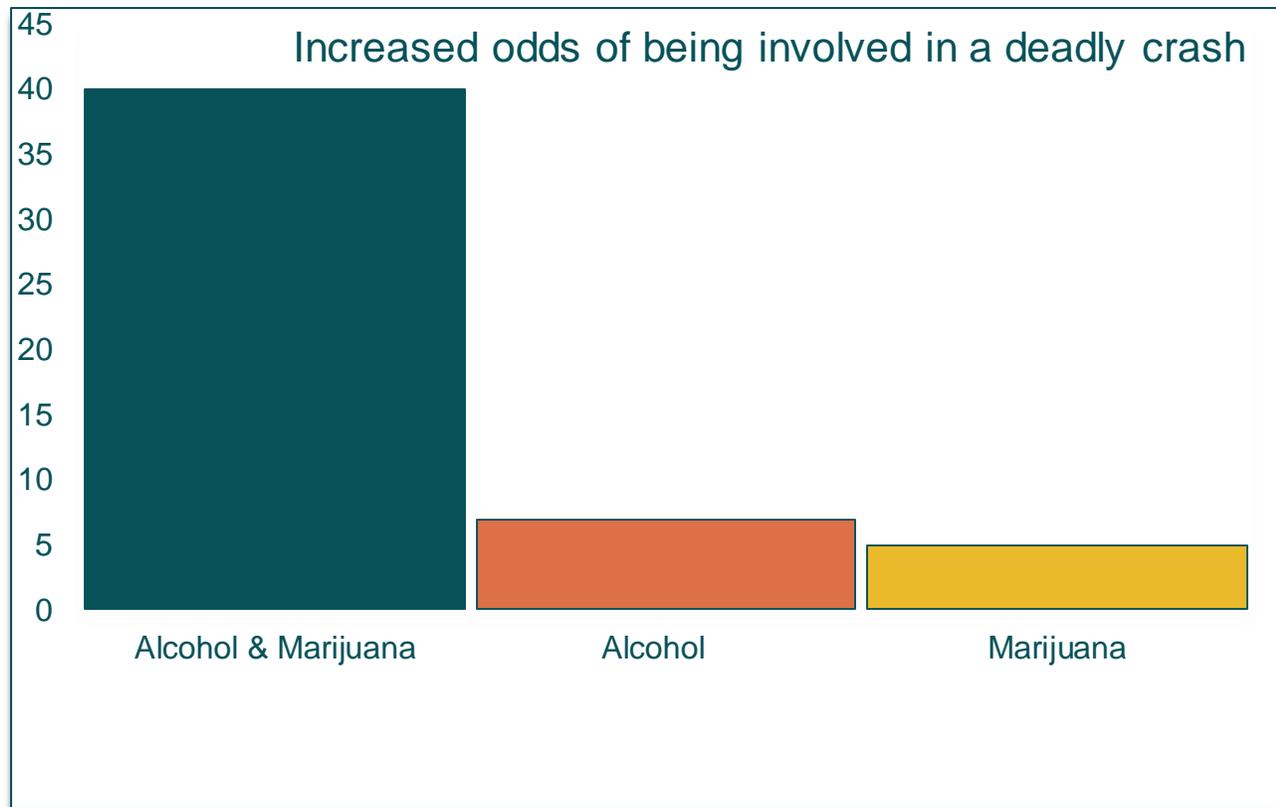


Did you know that even low doses of cannabis result in impairment in thinking and physical skills such as movement, coordination and dexterity.

Cannabis consumption will impact your ability to:

- Maintain the correct speed
- Keep to your lane
- React appropriately

Combining Cannabis and Alcohol Has Deadly Consequences....



A BC study suggests the odds of a deadly crash can be **40 times higher** when combining alcohol and drugs behind the wheel. Compared to 5 times for cannabis and 7 times for alcohol on their own.

Activity - Goal

- Encourage students to talk about their concerns with impaired driving and getting out of sticky situations
- Provide a safe and non-judgmental space for students to discuss concerns among themselves
- Teachers are encouraged to share/bring their own life experience to the discussion
- The teacher's role is to facilitate this discussion and make students feel safe to share

Driving Matters Alcohol and Cannabis

- Here is a 21-minute podcast from the Traffic Injury Research Foundation (TIRF)
- An interview with a Drug Recognition Officer, facts around the dangers of driving under the influence



[TIRF Podcast: Alcohol & Cannabis driving-matters-vodcast-alcohol-cannabis/](#)

Sticky Situations Activity

Sticky situations

Help your classroom develop some strategies to manage sticky situations through guided conversations.

You could start with some fun or goofy situations and work up to more serious situations. Here are some ideas to get the conversations going...

Set up a fun situation... Your friend, who's driving you to hockey practice, wants to crank ABBA at top volume, which is not your jam, how do you get them to change the music?

Ask your class to write down their own sticky situation and have everyone place them anonymously in a box. Situations can be drawn from the box and discussed with the class.

Guide the conversation to the following situation... You have a friend who drove you to a party. During the party you notice that they have been drinking, or smoking cannabis, or both. You know it's not safe for you to get in a car with an impaired driver.

How do you get out of this sticky situation and ensure a safe ride home for yourself?

How can ensure that your friend who is impaired doesn't get behind the wheel?

Additional Resources



TIRF's Drug Impaired Driving Learning Centre (DIDLC)

Check out TIRF's resources on at their [Drug Impaired Driving Learning Centre \(DIDLC\)](#).

TIRF's Drug Impaired Driving Learning Centre (DIDLC) is a fully bilingual, web-based educational resource that was developed by the Traffic Injury Research Foundation.

The Learning Centre contains several modules that are structured in a question-and-answer format, similar to other TIRF educational programs. Module topics include:

- magnitude and characteristics of the problem
- effects of drugs on driving
- legislation and penalties
- tools and technologies

Please **Take the Pledge** to do all that you can do to keep our highways safer for you and all that travel on them.

[Take the Pledge](#)



Drive Safe

More road safety tips can be found on

saferalbertaroads.ca